

DATE	SM Ref.	TOPIC	Book Reference
29 September 2016	00	Introduction to SM	
6 October 2016	02	Feelings: yours, mine and ours	17-28 Blue Book, Preface through chapter 5 in Christian Caregiving—a Way of Life
13 October 2016	03	The art of listening	39-50 Blue Book, Chapters 6–9 in Christian Caregiving a Way of Life.
20 October 2016	07	Maintaining Boundaries in Care Giving	125-135 Blue Book, Chapters 10–12 in Christian Caregiving a Way of Life.
27 October 2016	05	Process vs. results in caregiving	81-88 Blue Book, Chapters 13–15 in Christian Caregiving a Way of Life
3 November 2016	04	Distinctively Christian Caring Part 1 & 2	63-76 Blue Book, Chapters 16–20 in Christian Caregiving a Way of Life (Bring your copy of the book.)
10 November 2016	06	Assertiveness: Part 1	97-112 Blue Book, Speaking the Truth in Love: How to Be an Assertive Christian Chp 1-12
17 November 2016	06	Assertiveness: Part 2	115-122 Blue Book, Speaking the Truth in Love: How to Be an Assertive Christian Chp 13 - end
24 November 2016	08	Crisis Theory and practise danger vs opportunity?	145-154 Blue Book, Introduction through chapter 3 in When and How to Use Mental Health Resources
1 December 2016	09	Confidentiality	163-172 Blue Book, Chapters 4–6 in When and How to Use Mental Health Resources
8 December 2016	11	Using mental health and other community	205-238 Blue Book, Chapter 7 – appendix E in When and How to Use Mental Health Resources (Bring your copy of the book.)
15 December 2016	10	Telecare & Christmas Celebration	185-191 Blue Book
22 December 2016		Christmas Period - No training this evening	
29 December 2016		Christmas Period - No training this evening	
5 January 2017		Christmas Period - No training this evening	
12 January 2017	12	Ministering to those experiencing grief	257-266 Blue Book
19 January 2017	13	Depression	281-292 Blue Book
26 January 2017	14	Helping suicidal persons get the help they need	307-326 Blue Book
2 February 2017	15	Bringing the caring relationship to a close	343-358 Red Book
9 February 2017	16	Supervision 1: a key to quality Christian care	373-394 Red Book
16 February 2017	17	Supervision 2: Pratical	405-428 Red Book
23 February 2017	17	How to make a first caring visit	437-458 Red Book
2 March 2017	23	Dealing with those experiencing divorce	591-610 Red Book
9 March 2017	Spare	In the event of adverse weather conditions	
16 March 2017	XX	Debrief - next steps	